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## **Harvesters, Humana and Sunflower Medical Group Join Together to Establish Mobile Food Distribution in Greater Kansas City**

*Partnership will fight food insecurity and enable Sunflower to be the first local health system to roll out a mobile food option for patients and the community*

**KANSAS CITY, Ks. (March 14, 2019)** – [Harvesters–The Community Food Network](#), [Sunflower Medical Group](#) and [Humana Inc.](#) (NYSE: HUM), announce a mobile food collaboration that will offer members of the community fresh, nutritious food items at Sunflower’s location in Kansas City, Kan. on the fourth Saturday of each month, at 1:00 p.m. CT, beginning March 23<sup>rd</sup>, 2019. Patients of the Health System, as well as members of the Greater Kansas City area that are in need of food, can visit Heartland Primary Care at 2040 Hutton Rd, Kansas City, Kan. where they can receive food, at no cost.

The initiative will help fight food insecurity in the area and the community will find it easy to access the new services. In fact, to receive food, people will not have to show proof of residency or income.

“No patient or member of our community should have to choose between medication and food,” said Dr. Yvette Guislain Crabtree, Sunflower Medical Group’s president. “We’re proud to partner with Harvesters and Humana to improve the lives of the community and give back healthy days by launching a food distribution program that will help our patients achieve their best health.”

Food insecurity is a societal issue that affects 1 in 8 people in the United States. In the Kansas City area alone, nearly 14 percent of the community face food insecurity. Defined as the lack of access to enough nutritionally adequate foods to live an active, healthy life, food insecurity contributes to poor health, lower productivity and higher medical costs. “Helping our patients with food insecurity will help them to stay healthier and better able to take care of their overall health,” said Dr. Guislain Crabtree, Sunflower Medical Group. “Since we started screening our patient population for food insecurity we have found many more people than we thought we would find who will benefit from this program.

“We are excited to launch this new mobile food distribution in partnership with Humana and Sunflower Medical Group,” said Harvesters' President and CEO, Valerie Nicholson-Watson. “The distribution will help us increase access to fresh fruits and vegetables to families in need of emergency food assistance and to those managing chronic illnesses like diabetes and hypertension. We know the right type of food can help people lead healthier lives.”

Humana's objective is to create partnerships and integrated health systems that are positioned to address social determinants of health, such as food insecurity and social isolation, and how they impact health care outside of the doctor's office.

“Our collaboration with Harvesters and Sunflower Medical Group aims to bring mobile food distribution to an area with unmet needs,” said Jeremy Gaskill, Humana's regional president. “This joint community effort expands our outreach and addresses the demand for emergency and supplemental food as we seek to provide solutions that address food insecurity in the Kansas City Metro area.”

To find out more about mobile food distribution at Sunflower, visit <https://www.sunflowermed.com/>.

**About Sunflower Medical Group:** Sunflower Medical Group is an independent group of primary care physicians comprised of Sunflower Medical Group, Heartland Primary Care and Women's Clinic Associates. We are proud to have attained National Committee for Quality Assurance (NCQA) certification level 3, the highest level, as a Patient Centered Medical home (PCMH) and to have been selected for the Comprehensive Primary Care Plus pilot program by The Center for Medicare and Medicaid Service (CMS) innovation center.

The group's 4 main locations are located throughout Johnson county and Wyandotte county. Three locations also furnish urgent care after usual office hours for 7 day a week access to care. The group has 29 physicians in specialties of: internal medicine, family practice, pediatrics, & gynecology. We have staff psychologists, dieticians, and social workers available to help patients manage issues that may make it difficult for them to take care of themselves.

**About Humana:** Humana Inc. is committed to helping our millions of medical and specialty members achieve their best health. Our successful history in care delivery and health plan administration is helping us create a new kind of integrated care with the power to improve health and well-being and lower costs. Our efforts are leading to a better quality of life for people with Medicare, families, individuals, military service personnel, and communities at large.

To accomplish that, we support physicians and other health care professionals as they work to deliver the right care in the right place for their patients, our members. Our range of clinical capabilities, resources and tools – such as in-home care, behavioral health, pharmacy services, data analytics and wellness solutions – combine to produce a simplified experience that makes health care easier to navigate and more effective.

More information regarding Humana is available to investors via the Investor Relations page of the company's web site at [www.humana.com](http://www.humana.com), including copies of:

- Annual reports to stockholders
- Securities and Exchange Commission filings
- Most recent investor conference presentations
- Quarterly earnings news releases and conference calls
- Calendar of events
- Corporate Governance information

**About Harvesters–The Community Food Network:** Harvesters is a regional food bank and was Feeding America's 2011 Food Bank of the Year. Serving a 26-county area of northwestern Missouri and northeastern Kansas, Harvesters provides food and related household products to more than 760 not-for-profit agencies including emergency food pantries, community kitchens, shelters and others. Agencies in Harvesters' network provide food assistance to as many as 141,500 different people each month. Harvesters, which was founded in 1979, is a certified member of Feeding America, a nationwide network of more than 200 food banks, serving all 50 states. For more information, visit [www.harvesters.org](http://www.harvesters.org).

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