



## Supporting the needs of your veteran patients

Humana's National Veteran Bold Goal effort offers support for your Medicare-eligible veteran patients. This flyer contains some tools and resources to help you address veterans' health-related social needs – isolation and loneliness, food insecurity, homelessness, transportation challenges, health equity and more. Our partners include VFW (Veterans of Foreign Wars), AMVETS (American Veterans) and DAV (Disabled American Veterans).

You can also connect your veteran patients who are in crisis with the [Veterans Crisis Line](#) at **800-273-8255**, where they can reach caring, qualified responders with the Department of Veterans Affairs. Many of them are veterans themselves. This free support is confidential, available every day, 24/7, and serves all veterans, service members, National Guard and Reserve and their family members and friends.

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# Tools and Resources

## Food Insecurity for Veterans

Learn how getting healthy food is important to maintaining a healthy routine. For many veterans, this may mean spending less money on healthcare, missing fewer days from work, and staying active. The good news—there are resources, people and helpful tips that can provide guidance and support.

- [Click here for patient flyer in English](#)
- [Click here for patient flyer in Spanish](#)

## Loneliness & Social Isolation for Veterans

Learn how staying connected is important maintaining a healthy routine, especially for veterans. The good news—no matter the situation, there are things veterans can do to get the help and support they may need.

- [Click here for patient flyer in English](#)
- [Click here for patient flyer in Spanish](#)

## Financial Strain

Learn how being financially stable may be important to maintaining a healthy routine. This flyer offers helpful tips and resources that may help your patients manage their finances.

- [Click here for patient flyer in English](#)
- [Click here for patient flyer in Spanish](#)

## Housing

Learn how a safe and stable home are important to maintaining a healthy routine. This flyer offers guidance and support to help your patients manage their housing situation.

- [Click here for patient flyer](#)

## Transportation

Access to transportation is important to maintaining a healthy routine—like being able to go to doctor’s appointments, accessing healthy foods, maintaining employment and staying connected to friends and family. The good news—there are numerous options for transportation resources and support.

- [Click here for patient flyer in English](#)
- [Click here for patient flyer in Spanish](#)



**1.3 million**

veterans live in a household relying on Supplemental Nutrition Assistance Program (SNAP) to supplement their food intake



**27.9 %**

of veterans reported having suicidal thoughts in the past two years



**25 %**

of Humana Medicare Advantage veteran members surveyed reported feeling lonely or socially isolated